



Peratallada. Travel Dudes. Arxiu Imatges PTOCB

ROUTE 2

Through Medieval Villages and Farmland

A route to discover **the charms of Girona's Old Town and the medieval villages that surround the city...** And then go off exploring along roads through vineyards, olive groves and fields growing Pals rice and Girona apples. A food and wine route to savour as you visit the region's leading producers and local food restaurants.

1. The Charms of Girona and the Local Market Cookery and Tasting Venue

Girona is said to be one of the most romantic cities in the world...

Come and find out for yourself as you discover each of its historic places: the maze of patios in the old Jewish Quarter, the Arab baths, the picturesque monastery of Sant Pere de Galligants or the impressive steps leading up to the Cathedral of Santa Maria. But, above all, you can't leave without first walking around the city walls to take in the exceptional views of Girona, or visiting the **Local Market** cookery and tasting venue run by Mariona and Irene, true experts in creating food and wine experiences in the city.

2. The Gironès Region Winery is in Sant Martí Vell: Eccocivi

Just 15km from Girona, in the beautiful village of Sant Martí Vell, which nestles at the foot of the Gavarres massif and still conserves its medieval atmosphere, you can visit the **Eccocivi** winery.

The estate and its most emblematic wine, Ca L'Elsa, are named after the old family farmhouse standing next to the winery, which is hidden underground and is totally integrated into the landscape. The winery's architecture, integration with its surroundings and tradition are worthy of a visit in their own right, but its owners also offer different options to discover the *terroir* and wines.

3. Salvador Dalí's Gift to his Muse: the Gala Dalí Castle in Púbol

A pretty winding road leads us through Madremanya, a lovely little village in the Gironès region, to Púbol, known throughout the world for the **Gala Dalí Castle** which the genius gave to his muse. It is a medieval building dating from the 11th

century which was transformed into a mausoleum for Gala and a studio for Salvador Dalí, thus playing an important role in the artist's creation.

4. Monells, a Picturesque Village

Six kilometres after Púbol you'll come to the medieval village of **Monells**, a popular film location. Take a break under the arches of the Plaça Major main square and sit back and relax without worrying about the time.

5. Trull Alenyà and Ceramics in La Bisbal d'Empordà

Right at the entrance to La Bisbal d'Empordà, halfway between Girona and the beaches of the Costa Brava, you can visit **Trull Alenyà**, an oil mill that produces Empordà extra virgin olive oil. Here you can taste and buy their oil and discover one of the few oil mills today that still uses millstones to press the olives.

The town of La Bisbal d'Empordà is full of traditional ceramics. If you're interested in this industry don't forget to visit its fascinating Terracotta Museum.

6. Sota els Àngels Winery and Biodynamic Farming

Not far from here, at the foot of the Gavarres massif, you'll also find **Sota els Àngels**, winery, which lives both from and in close harmony with nature. This is a family-run winery producing organic and biodynamic wine, where you can get back in tune with nature and learn more about biodynamic farming.



6 rutas inspiradoras para descubrir la enogastronomía de la Costa Brava - Pirineu de Girona

7. Peratallada, Not to be Missed

One of the places definitely worth visiting in Baix Empordà is the village of **Peratallada**, declared a historic-artistic and cultural site of national interest. It is one of the most important points on the route in terms of medieval architecture, because Peratallada is packed with historical and cultural heritage and is also a great place to find a wide range of handicrafts and good food.

Stroll through its cobbled streets and stone houses and soak up its charm and craft displays.

8. A Tasting and Lunch in the Apple Orchard at Mooma

At Mas Saulot, right in the middle of the famous Girona apple orchards you'll discover **Mooma**, the first cider brewery-restaurant in Catalonia. Nowadays it is run by the third generation of a family of Empordà apple farmers. Mooma offers family-friendly guided visits to taste and discover the entire production process of their cider: harvesting, fermentation, filtration, carbonation and bottling. And, if you can, stay on for lunch and taste an authentic menu based on apples and cider.

9. Pals... Medieval Streets, Beaches, Rice Fields and Vineyards!

Built on a hill, around an old fortress, Pals is one of the most picturesque villages on the Costa Brava and boasts spectacular surroundings with unspoilt beaches protected by dunes, wetlands and rice fields, to explore by bicycle or on foot. You can also visit its **rice mill**. Different cultural and food events are held throughout the year, but make sure you don't leave without tasting a delicious traditional Pals rice dish at one of its restaurants ...

10. The Gateway to the Baix Empordà Wineries: Mas Geli and Mas Oller

As you've probably noticed, Pals is known for its setting, its rice and Girona apples. But there's a lot more to this village than that, because for some time now vines have made a reappearance in the surrounding natural areas. Head for **Mas Geli**, a family-run winery with young wines that you'll love, where you can have a meal in the vineyards with stunning views of the Montgrí massif. And make sure you don't miss the **Mas Oller winery**, una antigua masía del siglo XVII situada en el pequeño pueblo de Torrent, a solo 4 km de Pals.

11. The Charm of the Indianos Fair in Begur

Not far from Pals, you can't miss the pretty village of **Begur**, famous for its fair celebrating its connection with Cuba through its so-called Indianos emigrants, and for its eight coves and little beaches, including Sa Riera, Sa Tuna, Aiguablava, Illa Roja and Platja Fonda. The old part of the village is protected by its famous medieval castle and there you'll be able to discover colonial-style houses built by returning emigrants, enjoy a great variety of excellent food, including the best rock fish around, and explore paths and tracks that will take you down to the crystalline water of Begur's beaches.

12. Calonge and its Wineries: Clos d'Agon, Viníric and Mas Eugeni

Now go on to **Calonge**, with its medieval castle in the centre of the village and three wineries to visit: the prestigious **Clos d'Agon**, winery, with modern facilities and vineyards in the Gavarres massif; **Viníric** winery where you can visit the vineyards on a horse or pony, and **Mas Eugeni**, winery, set in a historic farmhouse dating back to 1620.

13. El Rebot at Can Moragues, 100% Organic Local Produce

El Rebot at **Can Moragues** is a shop-restaurant where the farmers and local produce are the protagonists and where the menu, created by acclaimed chef Sergi de Meià, adapts to incorporate each season's organic ingredients, grown by high nature value farming.

You can also visit the workshop where the organic jams and sauces are made and the model experimental organic farming vegetable plot.

EXTRA!

- » **Where to eat:** Casa Marieta, Divinum, Vicus, Can Bach, BoTiC (1 Michelin star), Sala Gran, Kubansky, Tastaolletes, Els Tinars (1 Michelin star), El Cellar de Can Roca (3 Michelin stars)
- » **Where to stay:** Es Portal, Sa Rascassa, San Jorge, NM Suites, Hotel Gastronòmic del Teatre



Wine & Gastronomy
Costa Brava
Pirineu de Girona



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